



## *The Masculine and Feminine Principles in the Creative Process*

Greetings, my friends. Blessings and love are extended to you and reach you in your deepest being to the extent you open up to them. Receive and let them come into you.

I would like to talk tonight about specific elements of the *creative, universal power*. Every human being possesses and expresses this power. Coming into your own means deliberately, consciously, and purposefully using the creative power *which you are* in your innermost being and which emanates from you. You constantly create your life circumstances with this power, but you do so unconsciously and unknowingly. What you think and feel, what you believe and conceive of, what you secretly wish and fear, shape and determine creative substance and constitute the motor force of this power.

What a tremendous difference it makes when you deliberately, consciously create your fate, rather than unknowingly! Unconsciously creating, you ascribe certain experiences to some obscure fate. Your experiences seem to have little or nothing to do with who you are, what you feel, what you wish, what you believe in right now, or with what you choose to do with your thoughts and feelings. But self-realized individuals know exactly how they create their lives.

It is a great moment when one suddenly understands that it was not hostile fate but one's own doing that brought obstruc-

tions and unhappiness about, and sees the secret attitude that produced the unwelcome fate. Once cause and effect are seen to connect, one's fate is no longer subject to a blind and malevolent outer power. From that moment on, the individual ceases to be helpless. In truth, human beings have never been helpless against any force or power outside themselves, but they are helpless against their own inner processes until they recognize and change them.

This is the way of the path. As you discover the root of your negative experience within yourself, you become capable of transforming that experience. To create a positive fate deliberately, it is essential for you to understand more about the creative force of the universe and how you can personally use it.

### **The Working of the Two Fundamental Principles**

There are two fundamental principles through which the creative process works: the first is *activation*; the other is the principle of getting out of the way and *letting it happen*. These two creative principles exist throughout the entire universe and manifest in everything in your life. They regulate all that happens, desirable or undesirable, important or unimportant, from the smallest, most mundane occurrence up to the creation of a universe. If what is created is to be constructive, fruitful, joyful, and pleasurable, these principles must interact in a harmonious way: they must complement one another. If what is created is destructive, painful, wasteful, or unhappy, these two principles must also have been at work, only in this case they have been distorted and misunderstood. Instead of complementing one another, they interfere with one another. Instead of the two aspects making one unitive whole, a dualism makes two mutually exclusive opposites or negations out of them. When both sides of the duality are reconciled, two apparently opposing forces work together toward one goal. Duality versus unity pertains to all of creation: wherever an entity is removed from its center and is therefore in ignorance and error, duality comes into existence. The entire earth sphere, namely human consciousness, is in the dualistic state, so that

all perceivable creative functions are split down the middle. The creative process is also affected by the dualistic state of the human consciousness.

The two fundamental principles of creation, activating and letting be, are universal laws present in everything that has ever been created. They are not mechanical laws such as the law of gravity. All laws, even impersonal, physical ones have come into existence from, through, and by consciousness, and must have been created by the combination of these two fundamental principles. Direct creation, with its own specific laws, is always an expression of consciousness, for everything in creation can only be a result of consciousness. Whether the consciousness stems from an individual brain or personality, or whether the consciousness is the great universal spirit permeating all life, does not matter. The principle is the same. Your conscious attitude expresses whether or not you activate or whether or not you let be. These two principles and their roles deserve close scrutiny.

### **The Masculine Principle**

To activate means that the conscious entity deliberately claims, sets in motion, moves toward, causes, determines, or purposefully uses these forces by calling them into action and removing every possible obstruction. Effort and endeavor are an integral part of setting the creative forces in motion. This is active doing. We may call it the masculine principle in creation.

The attitude of "letting be" means to be receptive and to wait. It is also a movement, for anything that is alive must be moving. But this kind of movement is very different from the movement of the activating principle. The activating principle moves out toward another state. The spirit of letting be is a movement within itself; it is a pulsating, involuntary movement, while the movement of activation is deliberate and self-determining. Words are insufficient to explain these facts and you will have to listen with your inner ear and use your imagination and your innermost faculties to perceive what I am telling you here.

### The Feminine Principle

The consciousness behind the attitude of letting be is one of patient, trustful waiting, of allowing a ripening process come to fruition, of surrendering to a force set in motion; this may be called the feminine principle in creation. As I have said before, the masculine and feminine principles exist in every endeavor and creative act. The self-determining, voluntary act expresses self-confidence and knowledge of one's divine nature. The going with the creative forces, the surrender to them, expresses deep trust in life and in the state of being that does not require one iota more movement than to activate the very powers one trusts in. Everything that functions well in the universe down to the smallest manifestations of mundane life combines these two aspects of life and consciousness. Nothing can be created without both of these principles being at work. *No union between the sexes can be fulfilling unless these principles function as they are meant to.* Pleasure supreme is possible to the degree these attitudes are healthy, and to the extent that trust in self and life allow both aspects to manifest.

*Both men and women represent both principles;* only their arrangement, emphasis, degree, proportion, and relation to each other are different. The healthy, integrated man does not represent exclusively the activating principle, nor does the healthy, integrated woman represent exclusively the principle of letting be. Men and women must express both aspects, but the emphasis differs and the areas in which both creative principles manifest or apply also differ.

Once you begin to think about this and look at life with the slightly altered vision that acknowledges both principles at work, you will see and understand a lot more about creation itself as well as about world events. Whether you create a business, a situation between yourself and another person, your own fate, or a universe, all depends to what extent you understand and harmoniously use the masculine and feminine principles of creation and to what degree you are conscious of both principles and allow them both to unfold out of yourself. When

these creative principles are distorted and used in erroneous ways they create confusion and disharmony. The result is destruction.

### Distortions of the Masculine and Feminine Creative Forces

A man cannot dare to be fully a man and activate the creative force in a deliberate and purposeful way when his unconscious is still steeped in hostility, rage, and anger, because the activating principle then threatens to express these destructive impulses. There are many men as well as women in this world who are still so undeveloped that they have no compunction about expressing their destructive impulses. They do not mind activating the masculine principle, even though it brings forth the most violent and negative actions. Only when development proceeds further and the individual no longer wishes to express violence and destruction will he or she become frightened of his or her own active principle and therefore hold it back. This is why you cannot fully be a man or a woman unless you first come to terms with your negative emotions and desires. When you fully face these feelings, they will lose their power. But as long as you are unaware of their existence, they will control you and force you to act upon them without even knowing what you are doing and why. You will then rationalize them or turn the destructiveness upon yourself, in fear of letting the active principle out and sow its negative seeds.

Thus, in a transitory state of evolution, people prevent themselves from using the activating principle, because all activation would be based on negativity. This explains why so many people find themselves paralyzed in inactivity and stagnation. Temporarily, people will hold themselves back to prevent their misuse of the creative principle. Therefore, healthy activation, self-assertion, and autonomy are also temporarily bound and must wait for release until the personality has settled the difficulty with its own destructive nature. People may have to go through a number of appearances on this earth plane in which their activating forces must be dimmed so as to no longer express the distorted form of the creative princi-

ple of activation.

You all need to make contact with your hidden cruelty, brutality, sadism, vindictiveness, and malice, to learn how to truly outgrow these destructive emotions by seeing, understanding and accepting them. Only then do you become genuinely convinced that there is no need for destructiveness. As long as destructiveness is not squarely faced, this conviction is lacking, and you hold back mostly because you are afraid of retribution and other consequences. Only when you have the courage and honesty to fully see and accept the damaging emotions and desires within yourself, only when you totally comprehend and evaluate them, will you see without a shadow of a doubt that they are superfluous as defenses, nor do they serve any other purpose. As these feelings become obsolete and you need no longer be on guard against your own spontaneous reactions, you will be free enough to activate the greatest power in the universe within yourself. You will no longer fear this power, for it will be free from pollution, perversion, and distortion. You can then claim your birthright. You can then call into being your own creative forces.

It often happens that a person is sufficiently cleansed of destructive distortions so as to safely use his or her inner powers, but the old habit-pattern of holding back is so firmly rooted that the personality will needlessly forgo the use of the activating principle, not yet aware that it is safe to use this power. The destructiveness that still exists is no longer dangerous because it is now sufficiently conscious. The person is too alert to allow the destructiveness to rule and precipitate negative actions. The individual does not know yet, however, that with the same power that can handle the remaining aggressions, he or she can also use the greatest forces in the universe that are within the self. Now, becoming godlike, one can use the activating power to create circumstances according to one's own choice.

So we must differentiate between those who rightfully dim their creative activity because they are justifiably afraid of the negative components in it, and those who dim this power simply because they do not know of its positive potential. They are like

a person who has been asleep for a very long time and, waking up, has yet to discover the power of all his faculties and the scope of their unfoldment.

The masculine principle is outgoing and leads to action which has consequences. The action following the driving force or impetus actively builds, affects, causes, and determines. When the personality is fully aware of no longer needing and therefore no longer fearing the destructive forces, it also begins to know that it can create. At this point people discover the powers within them and that their minds can activate them.

The feminine principle of receptivity, of letting the activating forces work their lawful way toward fruition, is distorted when the entity refuses self-responsibility. If self-activation is relinquished and, instead of surrendering to the self-activated inner powers, one surrenders to another person's authority, then the role of the creative feminine principle is perverted. By the same token, a woman who surrenders her autonomy to a mate because she is too fearful and lazy to assume the consequences for her own actions makes a travesty and caricature out of femininity. Her surrender will never be motivated by love and trust in him; her aim will not be to experience ecstasy by uniting the two creative principles in this particular manifestation. Instead, she surrenders to him out of fear of life, refusing to assume her obligations in life. Such distorted surrender cannot bring anything favorable to either partner. When a woman wants to be a parasite and burden her partner with the brunt of her responsibilities, she is cheating life, but life cannot be cheated. The result is that she must increase her fear of life, as well as her fear of the man who is supposed to be her authority. She must fear her self-determined enslavement. Thus the feminine principle or femininity is often wrongly associated with helplessness, passivity, and inferiority, while the masculine principle or masculinity is often wrongly associated with brute force and superiority.

In reality, a woman cannot truly be a woman unless she is self-determining. In the terms of this lecture, a woman has to be secure in her selfhood by activating the creative principle

within herself, for only when she is accountable for her mistakes and willing to accept and learn from them can she be strong and self-responsible. Then she will be unafraid of total surrender, of letting go, of allowing the involuntary forces in herself to guide her.

Conversely, a man cannot be truly a man when he is not free from destructiveness, and when he is not willing to let the activating principle go to work in its own fashion. In other words, he must observe the feminine principle in order to fully activate the masculine one, just as the full woman must activate the masculine principle in order to give herself over to the feminine.

### Harmonious Interaction

This interaction between man and woman expresses the two sides of the creative power in a very obvious way. Union between the sexes is satisfactory to the degree that the two sides are in harmony *within* each partner. Only when that condition is fulfilled can harmony be established *between* them.

As man is justified in fearing the activating forces as long as he is unaware of his destructiveness and therefore cannot control it, so is woman justified in fearing self-surrender as long as she makes herself helpless for whatever distorted motives. If she is not in possession of her inherent powers, surrender must be debilitating and dangerous. Since men and women express both the masculine and feminine principle, they must both cleanse their activating powers of violence and hostility. Both need to learn to ascribe the cause of all that happens to them to the self, rather than blaming outside factors for their suffering.

When working on themselves on a path of self-transformation, both men and women come across the identical lower-self patterns. They find their false aggression, hostility, violence, overactivity, impatience, and refusal to wait for the powers to lawfully come to fruition. They also find their false receptivity and false letting go, that is, denial of self-responsibility, laziness, following the line of least resistance. Trying to find an authority who will take on what is really their responsibility is one such way to evade accountability. Both men and women therefore have

to work out the same problems, but their interaction is on a complementary rather than on an identical level.

No self-realization is possible unless you become full men and women in the deepest possible sense. This is why human problems are always primarily concerned with the relationship between the sexes. No matter what other problems you human beings have, they are at least indirectly connected with your masculinity or your femininity. The expression and handling of the masculine and feminine creative principles permeates your whole personality.

### The Role of the Two Principles in Any Endeavor

Let us take for example a problem at work. How can your work be successful if the activating principle is lacking or dimmed and if you are not sufficiently outgoing and healthily aggressive, or if you do not activate your own creative powers, but hold them back? What if you let them out, but the activating forces remain hostile and antisocial? In that case you will inevitably get into difficulties with your environment, no matter how accomplished you may be in your profession. If the spirit of love is lacking, you will not want to contribute to life with and through your work. Therefore there can be nothing creative about it and the deeper spiritual powers cannot manifest. If, however, you want to enrich life, you can safely enrich yourself by and through your activity, without falsely feeling guilty about your *healthy* aggression. The creative activation will do justice to both—enriching others and the self in every possible way.

And how can what is activated come to fruition if the feminine creative principle is not allowed to function by letting be, by waiting for fruition, by trusting the forces set in motion? Your own intuitive powers reach your consciousness only when the receptive spirit of letting be reigns after the activation. Then you can be guided according to the highest wisdom, that of creative inspiration, necessary for all successful work. It, too, consists of the two aspects: inspiration must be deliberately activated by the mind, and allowed to flow, take its course, and manifest in its own fashion without interference from the mind.

The laws indicated here are applicable to all endeavors. Whether you do menial labor, or work as an artist, a scientist, or do anything else, the law is the same, although the degree to which these principles must function may vary. Simple menial work can be done mechanically and yet relatively efficiently, though it can also be a creative act when it is done in this spirit. But artistic, scientific, or spiritual work can never succeed unless it follows these laws of creation.

So your work must fail, as your human relationships and partnerships must fail, when the masculine and feminine principles do not properly interact and complement one another. Needless to say that in all these areas the relationship between the two aspects of creation varies in emphasis at any given time or phase.

If one of the two principles functions in a healthy way, the other must also be right. It is impossible for one to be healthy and for the other to be distorted. Hence, the man who has a problem in self-activation in some area of his life must elsewhere be unable to let go and be carried. It would be false to assume that the man who is not sufficiently active and aggressive is so throughout his total personality. He will inevitably discover an area in which he is overactive, over-masculine—precisely where the feminine principle should reign. The distortion is a compensation for the underactivity in the place where he should exert his masculine activating force but does not. Conversely, the man who expresses an exaggerated form of the masculine principle must harbor areas in which he is too passive and expresses the distorted feminine principle. These examples are equally applicable to women.

### **Balancing the Two Principles Within Each Individual**

The manifestation of the masculine and feminine principles in the inner life of the individual is a substantial part of self-realization. In your self-work you must be particularly alert to pay attention to the two principles. True spirituality must make fuller men and women out of you in the best sense, on all levels of your being. Your growth must inevitably harmonize these levels. In what way and to what degree the

imbalance exists varies in each case and must be found individually by self-search.

When you become capable of truly loving, these principles will be perfectly expressed in you. Or, to put it the other way, *through the deliberate activation of the creative power to its highest potential because you no longer fear your own destructiveness and trust the universal powers to complete lawfully what you have deliberately set in motion, you will be unafraid to surrender to a power greater than your willful ego-self, and thus become capable of loving.* Whatever you do then in this spirit will be creative and will combine these two aspects of creation. The desire to give to life will never be threatened by self-impoverishment—on the contrary. The loving man will activate a sublime power in himself and his mate for the purpose of enriching them both. Her trust in him will be warranted, making her self-surrender justified and dignified, and enhancing her individuality. Giving up her determining ego will be for her a desired experience that need not be feared; his activation then becomes lovingly enriching to both. This is quite different from the kind of activating the pseudo-masterful man issues forth. He has an attitude that puts the woman down to aggrandize himself and makes her fear of surrender justified and reasonable. He therefore hinders her fulfillment as a woman.

The surrender of the loving woman heightens the mastery of self-activation in her mate. She will encourage his full selfhood, not competing with his activation because it no longer is a threat. Her receptivity should not be confused with the paralyzed passivity which is but a distortion of healthy femininity. The pulsating activity of the soul in the receptive state of letting-be, the state of being, self-surrender, is a vibrating force that contributes to her mate's manhood and to his strength.

When the letting-go is a deliberate choice to forgo the active principle at a certain point because the person recognizes that other faculties must now take over, an enormous difference is experienced. *The activating principle of becoming* causes things to happen deliberately; *the being principle* is self-perpetuating and involuntary; its effects occur indirectly.

The Pathwork itself requires blending of these two aspects. I wish to show you right here how it works.

No obstruction can be removed, no unhappiness eliminated, unless the personality, be it man or woman, uses the activating power. It is necessary to deliberately turn on this power by claiming your potential and your right to become a happy person. Nor must one shy away from the effort of finding the cause of the unhappiness within oneself. In other words, a person must be moving in the direction of correcting the errors within and at the same time deliberately calling upon a higher wisdom and power deep within the self to make this endeavor meaningful. The mind issues the will and determines the steps, as well as calls upon a greater wisdom within. All these are truly activities, each in its own fashion. But after these steps, the receptive principle must be at work, because once these forces have been activated, the entity has to let them come to fruition. The person who cannot wait for this to happen, but wants immediate results and attributes them solely to his activation, violates the feminine principle of the particular creation. Thus the creation will not be successful, or will succeed only to the degree to which the two creative aspects were able to function. A seed sown into the soil cannot at once be pulled out as a plant. It must be given time to grow within the earth until the first shoots appear. Agricultural laws demonstrate beautifully the wholeness of the two aspects of creation. The Pathwork is such a purposeful creative act, using the two principles in equal measure.

Be blessed, my friends, every one of you. May you find new strength and new stimulation from these words and a new opening of doors to help you where you may have been stuck. Perhaps my words will find an echo in your heart that will set something in motion within you which may make you want to activate more your search in the direction that leads deep into yourself. After facing, accepting, understanding, and eliminating the obstructions, your highest creative powers can begin to unfold. Be blessed, bring forth more and more the greatness and the beauty that you inherently are—God!